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PDF Lifeguard

Recertification

# **Lifeguard R ecertificati on Test**

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**Red Cross  
Lifeguarding  
Practice Test  
Flashcards |  
Quizlet**

B. Start CPR again,  
*Page 5/36*

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beginning with chest compressions. C. Wait for the AED's instructions to continue. D. Deliver 2 rescue breaths to the patient. 11. When delivering CPR to an infant, the correct depth of compression is: A. A minimum of 1

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inch (2.5 cm) B. A  
minimum of 1.5  
inches (4 cm) C. A  
minimum of 2  
inches (5 cm) D. A  
minimum of 3  
inches ...

**Lifeguard  
Training &  
Certification |  
Red Cross**  
Bloodbourne  
Pathogens training;  
*Page 7/36*

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## Test

The Lifeguard Brick Test: In addition to your classroom training, which covers everything from CPR to respecting your patrons, a lifeguard training course may have a required prerequisite test. During this test, you will be



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required to  
continuously swim  
300 yards, either  
front crawl or  
breast stroke.

**CPR & First Aid  
Practice Quiz &  
Answers**

National Lifeguard  
Recertification:  
National Lifeguard  
certification is  
current for 2 years

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and is recertified by completing a National Lifeguard recertification exam. The recertification may require 6 - 8 hr. depending on the number of candidates. Check Find a Course for facilities offering National Lifeguard recertification in

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your area.  
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**CPR/AED  
Certification  
Practice Exam -  
National CPR  
Association**

The National  
Lifeguard  
recertification  
course is offered to  
candidates who are  
in need of  
recertifying their

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Test  
awards to continue  
working as

lifeguards. The

exam will consist of

physicals, a short

review and

lifeguard

situations. Visit this

page for more

details regarding

the must-sees and

requirements of

your course.

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Recertification -  
Red Cross  
Certification ...**

CPR, AED & First  
Aid Practice Quiz.  
Take the free CPR,  
AED & First Aid  
Practice Test  
provided below in  
order to prepare  
you for our official  
CPR, AED & First  
Aid online exam.

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The practice exam consists of 10 multiple-choice questions that are derived from the CPR, AED & First Aid provider handbook and adhere to the latest ILCOR and ECC guidelines.

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ev.calmatters.or**

**g**

This lifeguard  
recertification  
option is for  
currently certified  
lifeguards to  
practice and review  
their skills  
including water  
rescues, CPR/AED  
and first aid.

**Eligibility For**

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Recertification

Test  
certified lifeguards  
with valid

certification in Red  
Cross

Lifeguarding/First  
Aid/CPR/AED or

those who have not  
expired by more  
than 30 days.

**Lifeguard  
Recertification  
Test**



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Lifeguarding review classes are designed to help you update your skills while also extending your certification for another two years. The Red Cross also offers review courses, for those whose certification is still valid (or within 30 days of

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expiring) while allowing you to continue to work without a lapse in verification.

**CPR Test - Free  
Online CPR  
Practice Tests**

The Lifeguard Recertification course is required to keep your Lifeguard Training

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current. It is an excellent refresher class for participants who have current American Red Cross Lifeguard Training, First Aid and CPR/AED for Professional Rescuer certifications, valid for 2 years.

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**Lifeguard Re-  
certification -  
Lifeguard  
Certification ...**

American Red  
Cross lifeguarding  
and water safety  
students must be  
at least 15 years  
old by the last day  
of class, and pass a  
pre-course  
swimming skills

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test prior to taking our courses. Once students are enrolled, they'll receive the latest science-based training from experienced instructors, and develop skills they'll use for a lifetime.

## **CPR Practice**

*Page 21/36*

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**Test Questions  
and Answers -  
CPR ...**

Online Classroom  
Training. Due to  
the recent shut  
down of most  
pools, new  
lifeguards and  
those who wish to  
recertify may  
participate in the  
American Red  
Cross Lifeguarding

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Blended Learning  
(online classes).  
Once you complete  
the course, print  
out the completion  
pass and when  
facilities reopen  
you will be  
assigned a time to  
complete the in-  
person portion of  
the ARC Lifeguard  
Training class.

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**Test**  
**Toronto |**

**Lifeguarding**  
**Academy**

Free Online CPR Tests. Welcome to CPR Test where you can take free online CPR tests, practice exams, and quizzes. Our practice tests are designed to help you refresh your



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knowledge of basic life support, CPR and first aid. You can use our free practice exams to help study for any upcoming CPR/First Aid classes or assessments.

## **CPR & First Aid - CPR Test**

Find out if you're up to speed with

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your CPR

knowledge by  
taking this free  
practice CPR test.

These questions  
and answers reflect  
the latest American  
Heart Association  
guidelines.

Answering these  
practice test  
questions may also  
help you prepare  
for your CPR

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certification test.

Test

**CPR Test**

**Questions - First**

**Aid**

**Recertification**

100% online and  
accessible 24/7;

The fastest path to  
certification and

recertification; All

materials created

by our licensed

healthcare

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providers  
Test

## **Lifeguard Recertification Classes | Red Cross**

Each participant must pass the pre-requisite swimming test to be eligible to take the lifeguard recertification, he or she should be

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able to execute the following: Swim 300 yards nonstop. First 100 yards is freestyle with a supportive kick and rotary breathing. Second 100 yards is a face in the water, breaststroke with a pull-breath-kick-glide ...

**Lifeguard**

*Page 29/36*

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**Test**  
**Classes - Safe**  
**Swim**

Check the scene for safety, stop the burning by removing the person from the source of the burn, check for life threatening conditions, cool the burn with large amounts of cold

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running water,  
cover the burn  
loosely, with a  
sterile dressing,  
prevent infection,  
take steps to  
minimize shock,  
keep the person  
from getting chilled  
or overheated,  
comfort and  
reassure the  
person.

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**Beating the  
lifeguard brick  
test - Guard For  
Life**

It is your certainly  
own period to  
appear in  
reviewing habit. in  
the midst of guides  
you could enjoy  
now is lifeguard  
recertification test  
below. Bibliomania:  
Bibliomania gives



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Test  
readers over 2,000  
free classics,

including literature  
book notes, author  
bios, book

summaries, and  
study guides. Free  
books are  
presented in  
chapter format.

**Lifeguard**  
**Written Test**  
**Flashcards |**

*Page 33/36*

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**Quizlet**

Start studying Red Cross Lifeguarding Practice Test.

Learn vocabulary, terms, and more with flashcards, games, and other study tools.

**Lifesaving  
Society |  
National  
Lifeguard**

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## Test

Give 1-2 minutes of CPR before calling 911 if the victim is a child. Give 1-2 minutes of CPR before calling 911 if the victim is an infant. Call 911 and return to the victim if the victim is an adult.

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*Page 35/36*

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