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Angel Cabales: Serrada Escrima -

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Filipino Martial Arts, Mark

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From then onward, scores of other martial arts celebrities began seeking SGM Angel Cabales out in order to study the secrets of his art form in a more close-up fashion.

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skills, wisdom, and the 'close-range'  
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SERRADA - The Art & Style of GM

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Serrada is one of the many styles of Filipino martial arts. I studied Escrima in Cabales system. The book contains good stuff regardless of your style plus it's easy to follow. I would add that one can't learn Escrima from a book but the book helped answer questions on what I was taught

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